



Proudly presenting the Mobilise-D project

Loss of mobility – especially difficulty walking - is a key determinant of whether people can remain independent as they get older, or if they get sick. But we do not have many effective treatments to enhance people's mobility. Walking more slowly or with greater difficulty also predicts poor outcomes – hospitalizations, falls, loss of independence, and even dying. The [Mobilise-D](#) project, funded by the EU Innovative Medicines Initiative, aims to accurately measure and assess patients' mobility in real world settings to provide objective digital mobility assessment.

“By validating digital mobility assessment, we will tackle a major public health problem and a bottleneck for clinical trial development in a regulatory environment - the increasing prevalence of mobility loss due to ageing and chronic disease.”



Our Goals

- ⇒ Validate digital mobility assessment to predict clinical outcomes
- ⇒ Revolutionise personalised medicine, leading to novel treatment development
- ⇒ More precise measurement and assessment of patient's mobility

The Mobilise-D consortium consists of 34 partners from Europe and the USA. Over 150 professionals with technical, clinical, and regulatory expertise will work together to bring digital mobility outcomes to the clinic.

In Mobilise-D, we will develop a digital measurement tool, consisting of sensors and software, that can monitor mobility in daily life (for example how fast people walk). The tool will be tested in over 2000 patients from different diseases or conditions (Chronic Obstructive Pulmonary Disease, Parkinson's Disease, Multiple Sclerosis, Hip Fracture recovery, and Heart Failure) to see whether digital measurement of daily life mobility can predict poor health outcomes such as falls, hospitalizations, deaths, loss of independence, and worsening disease status. Our goal is to generate the evidence for health authorities and regulators such that this digital assessment of mobility can be accepted for use in clinical practice. More information about the project can be found on our website: www.mobilise-d.eu.

Engagement and networking

As we want to involve stakeholders in the design, development, and implementation of the project, we would like to connect and engage with you and your organisation to establish a collaboration. Working in partnership with patients and patient organisations is essential for us to develop the technology focused on what patients need and what is acceptable to them, bringing a personalised approach to healthcare.

We are seeking your support to promote Mobilise-D in your organisation, initiatives and networks, so that we can raise awareness and take account of patients' perspectives and feedback. If you are interested in collaborating with us, please send an email to info@mobilise-d.eu and we will be delighted to get in touch with you.

Together we can change the practice of medicine and improve the lives of people in Europe and beyond!